



Winter 2008
Volume 3 Issue 1

The Aromatic Goddess

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THE MESSENGER

"Just as we want to take in only healthy food to fuel our bodies, we also want to feed our minds and emotions a steady diet of empowering thoughts; to cover our bodies with uplifting and self-healing messages in order to infuse them deeper into our being. and, thus, to send them out with increasing conviction farther into the world. These lovely t's are the Goddess Wear of the future." Visit the products page at www.joanclark.com

Welcome to the Aromatic Goddess.

Bright Blessings to each of you. I hope your holidays were fabulous and filled with great love and joy.

The intention and spirit in which this first newsletter of the year 2008 is being written is one of joyful celebration. It is my sincere wish to give thanks for all of the support that I was given by you this past year that encouraged me and supported me in following my heart passions.

As cherished friends, clients, and family members, each of you have contributed to helping me grow, and I am ever so humbled by your loving kindness. Thank you!

As I have reflected over the past months of walking the sacred circle-- the wheel of life-- I see how the wonderful adventures I was given have lead me to this pivotal moment of gratitude and a full heart.

From walking the path of the Goddess in France to being baptized in the name of the Goddess in Santa Fe at the Moon Goddess Retreat with my sacred and beloved sisters of the moon-- to being initiated into the higher octaves of consciousness at a holy initiation in Sedona, and thus being given new knowledge and information about plant spirit alchemy from the grandmothers in the dream time, it has been a powerful and full year of aromatic and sacred blessings.

I also have had the honor of creating with the Goddess aromatic products and plant spirit medicine to nurture, support and empower the body,mind and spirit. I have been commissioned to create original works of art and sacred fragrances for special rituals and rites of passage.

I have had the joy of sharing the spirit of the Goddess and her alchemy in classes and workshops and the power and magic of plant spirit alchemy. I have been a sacred witness to spiritual growth and illumination within and without and most of all I have had the great experience of knowing the presence and power of LOVE through this sacred work and journey with each of you this past year. This I celebrate and give thanks for.

In honor of your support this past year, as I prepared for my sacred rituals to celebrate the blessings in the Year of the Goddess 2007 I wrapped a sacred bundle that included each of you. In it I asked the Goddess to bless you with more love, peace, joy, health, wisdom, abundance and peace.

I gently placed it in the last fire of the season and asked for the spirits of the fire to fill your heart with the Goddess more and more each day as you begin your journey around the sacred hoop – the circle of love and light once again.

Goddess Blessings!

Joan



Divine Alchemy from the Goddess

The Goddess Aromaetica

The scents of Frankincense, Palo Santo, Spikenard, Black Spruce and Mugwort have been calling to me as the sacred plant spirit energies to work with and get to know more intimately during the season of dreaming, sacred renewal and joyful celebrations.

All of these plant spirit energies have marvelous gifts to offer us on our spiritual journey inward. They desire to help us open up to the gifts and opportunities that the seasonal energies of winter can anoint us with. So, here we go on a magic carpet ride with the mysterious and mystical scents of frankincense, palo santo, spikenard, black spruce and mugwort.

Frankincense: The scent of frankincense reminds us of ceremony, ritual work and perfuming the body temple during rites of passage. I love to use this scent to move me inward to discover the ancient text inside that holds my sacred contracts. What is your sacred contract for this season? What is calling you to be revealed? Anoint yourself with this amazing plant spirit alchemy and see what is awaiting you.

Palo Santo: Mystical and magical, this essential oil blends famously with frankincense and all the other oils that have called me this season. The scent is old and earthy and can help you shapeshift to another time and place. It is a great oil to use during this season to assist with past life energies that may be trying to get your attention.

If this oil is new to some of you this is a perfect time to work with it. The name means "holy wood" and has been used in sacred ceremonies and rituals for many years. It is an aromatic tree native to the Galapagos Islands. Many cultures have used it in their meditative practices and for calming panic attacks and anxiety. I think of it as a journeying oil to transport oneself to another time and place. On a therapeutic level it is helpful for alleviating pain and inflammation of the muscles and joints.

Spikenard: Is she calling to you to move in and feel the alchemy of the sacred marriage within you? This is the oil of the Magdalene. It is with this oil that she anointed the feet of Jesus and honored his sacred path. I love this oil at this time of the year because it helps

us celebrate and come into alignment with our own sacred path. Spikenard is a great essential oil to create a ritual blend with or use on its own— to honor your path and the path of the divine marriage that begins within. Allow the wisdom of Mary Magdalene to come forth and what she desires to share with you this season.

Black Spruce: Breathe this oil in, let it take you deep within the forest and teach you about the power of magic and its lore. Allow it to open you up and prepare you to receive wisdom from the forest. Let it teach you the power of commitment, strength, purpose and courage. Let this plant spirit show you how to connect with the core part of your alchemical ancestry.

New Blends for Ceremonial Work

Three Graces: This blend was created to honor the presence of the Divine Mother that gives birth to all creation through the maiden, mother, crone initiations. Contains essential oils of vetiver, valerian, spikenard, palo santo, blood orange, frankincense, black spruce and more.

Bright Blessings: A fun uplifting blend to use during rituals, moon ceremonies and rites of passages this season. Contains essential oils of cistus, neroli, black spruce, yuzu, myrrh and more.

Winter Tinctures

You know my aromatic tinctures are an aromatic life -line for staying connected to my spiritual path and sacred work. My favorite seasonal tinctures this year are:

Motherwort Tincture for allowing the heart chemistry to be awakened and aligned with the new soul dreams and visions that are taking form. **Sage Tincture** for grounding, centering, strength, support and personal empowerment during these times of change.

Mugwort Tincture for spiritual vision, alignment and attunement with the inner/outer frequencies. **Thyme Tincture** for vital energy of the subtle as well as physical body.

Go to www.joanclark.com for the full Winter line.



The Powerful, Passionate Women for Peace Newsletter-- free subscription

I am very proud of the work we did this past year, empowering our vision for more peace within and without. This year as we extend our circle outward to our own communities I know that we will see and feel more change.

To help you empower your ceremonies we have created a Powerful Passionate Women for Peace T-Shirt as well as a ceremonial

synergy that you can use in your gatherings.

The blend can be used as an anointing oil or can be made into a ceremonial mist or any other ritual product you desire to create from it.

You may purchase the blend PPW for Peace synergy – 5 ml - \$22.00. T-Shirts - \$20.00 both for \$38.00



Consultations, Intuitive Healing Treatments... and such

Energy Treatments & Spiritual Mentoring

It's been a wonderful year of being able to support many of you during your rites of passage and spiritual shifts. I feel grateful to be a sacred witness and to provide support and insight during times of transitions, rites of passage and sacred initiations.

My practice has grown significantly due to your support and trust and I want to thank everyone for honoring that-- not only in me, but also in themselves. What I have learned from this work is that all of us are truly connected and what happens to you, happens to me. It has been a beautiful understanding

of the divine connection that we are one another. We are all working with the evolution of the world soul and the soul within to unite us once again in that sacred oneness.

Working with the plant spirit medicines in our spiritual energy work helps to create the bonding and the assimilation and integration of the wisdom that comes forth during these sessions.

This year if your need energetic support or spiritual mentoring I hope you will allow me to hold this sacred space with you. Treatments are \$125.00 per session; with plant spirit alchemy \$175.00



Classes, Workshops, Annual Moon Goddess Retreat-- a complete schedule for the empowerment of women (also see back page for addl offerings)

This year I am opening my schedule for sponsorship in other areas. So if anyone is interested in sponsoring a class or providing spiritual energy treatments in your area, I would love to explore this option with you. I feel it is time to travel and be in other communities to open up the energy and offer support in this way.

Classes in plant spirit medicine, Goddess Alchemy, sacred art, etc. can all be designed

and created. The two main events on my calendar will be:

Annual Moon Goddess Retreat. October 24-26th

South of France – A Walk with the Goddess. June 7th-19th – (come for one week or two).



The Pet*Alchemist-- a specialty line of natural petcare products

Its been such a fun year working with your beloved pets this year. I have had so much wonderful feed back from the products. Our pets are important members of our families and to keep them healthy and fit with natural products is our goal.

Our new seasonal blend for keeping the immune system supported this season is **Solstice Magic**. It contains,sage, black spruce,frankincense,rave nsara aromatica,eucalyptus hydrosol and more. **Solstice Magic** – 4 oz - \$15.00, 8 oz - \$30.00



Joan of Art-- To Create Art is to Experience the Imagination of the Soul

Creating art is such a blessing. I have been very fortunate to have the support of many of you who have purchased original art from me this year. Thank you.

In gratitude I have been able to support other women's art as well and have also been able to donate back to the community from your support.

From the heart rattles, to commissioned pieces of art, to the prayer shawls. All of them filled with the presence of the Goddess working and moving through me.

It is a sacred circle. Your support allows me to support and in this sacred giving and receiving we are all part of the divine channel of love and oneness. Thank You!



The One World Flag-- an international symbol of diversity

"Honoring the Talents, Abilities and Uniqueness in Each of Us, as Strengths that can Benefit All of Us"... because we have more in common as a world, than we have differences between nations."

purpose, and widesweeping inspirational effect.

"I greatly appreciate the work you are doing to help us all embrace our citizenship in the world."

This image has been embraced as a symbol of tolerance, unity and cooperation for over ten years... and has been endorsed by supporters in over 45 countries, including a growing number of individuals, groups, educational, spiritual and diplomatic leaders for its mission statement,

"I applaud your efforts for designing a flag that attempts to bridge all peoples on the planet."

www.oneworldflag.org

Same Time Next Year-- South of France, Spring 2008

A group of soulful travelers...gathering together to enjoy sacred journeys near and far.

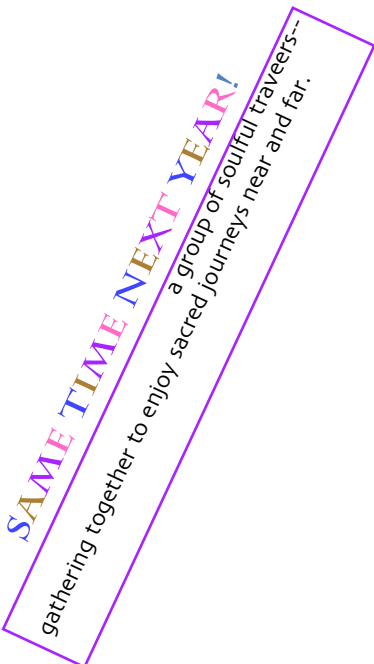
Next year we will be spending a month in France. We will be renting a villa for a month in June and are looking for other interested people who are eager to spend time exploring the South of France --be it for one week, two weeks, or the month; sharing the villa with us, traveling together or breaking out on your own... then coming together at day's end to break bread, share stories and simply unwind.

Our goal is to have heart-centered and open-minded people who desire to explore a new locale each year in a casual, comfortable and yet sacred way. Our maiden trip had all exploring the land, visiting sacred sites, as well as spending time writing, painting, and just having a great time.

No planned itineraries-- just a free-flowing experience where group and individual activities evolve as interests unfold.

Please e-mail me to begin discussing the possibilities and more intimate details.

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Please visit my website for prices or more detailed information on any products, or e-mail me if you have any questions.

The **Goddess Aromatica** offers lifestyle options that inspire one to live their best life in tune and in harmony with nature, its seasons and its ceremonies.

We promise to offer the best in plant spirit alchemy, classes, workshops and inspirational musings.

Welcome to the Goddess...She is Alive!



The Goddess Workshops @ Gatherings
What's coming up?!

** October 24th – 26th
Annual Moon Goddess Retreat
location to be announced

June 7th – 19th
A Walk with the Goddess
South of France

More
to be announced



Joan Clark's Palais Aromatica
... believe in the Power, Magic and Beauty of your own heART!
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