

from Joan Clark-- THE MOON GODDESS

WINTER BLISS SPA RETREAT

Empowering your Life with Plant Spirit Medicine--
Aromatic Tinctures, Hydrosols, Teas and more.

February 21st-23rd - 2020 Circle S Ranch - Lawrence, Kansas



* Circle S Ranch has added a few new things since some of you have been there. A chapel, conference room and labyrinth. Please bring good walking shoes, bathing suit for the hot tub, and comfortable clothing.

* It's time to take our work to a new level. We hope you will join us.

* Bring your drum, rattle, any musical instrument, your medicine blanket, any special things to place upon the altar.

* We will be working with the **Aroma*Woman** synergies and creating everyday Goddess rituals and blends to be used when you are at home incorporating *Living An Aromatic Lifestyle*.

* For our **crafting project**-- please bring your favorite recipes so we can create a **Goddess Cookbook**.

MARK YOUR CALENDARS!

We are being called to gather next year to experience *the seasonal energy of Mother Winter*. To take time to go within and listen. To get quiet and to pamper ourselves with aromatic luxury and *exotic sessions that will nurture our bodies as well as inspire our power, passion, and presence*.

The **Aroma*Woman** mission of *Living an Aromatic Lifestyle* is alive and waiting to be awakened more fully within you. The Goddess wants to speak to you through the power of **sacred rituals, energy sessions, intuitive listening, healthy foods, and self-pampering with the Aroma*Woman Synergies**.

Just say "YES" to this retreat. You won't want to miss out. This weekend is all about YOU and how to use the gifts of Mother Nature to pamper the Goddess within and without. .

Included in this retreat will be an aromatic massage using the Aroma*Woman blends, energy session, sound healing session, creating with the Aroma*Woman synergies, gentle movement, dedicated breathing, meditation, and Present-Moment Yoga.

There will be *writing and journaling sessions, crafting*, as well as *relaxation time* to just sit in front of the fireplace and *share our empowering stories with one another*.

It's about slowing down to the rhythm of the Mother and *connecting to your own Power, Passion, and Presence*.

A non-refundable deposit of \$300 will save your space. Private rooms are extra, so book early .

Cost: \$1,000 (includes spa treatments, food, shared lodging and all resource materials. **Single room supplement-- check for availability, add \$150.**