




















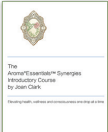


# Joan Clark's PALAIS AROMAETICA

## The Aroma\*Essentials Line

An Aromatic Lifestyle System-- elevating health, wellness and consciousness one synergistic drop at a time.

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|--|---|---|
|  <b>Aroma*Bliss</b> -- nature's natural anti-depressant.<br><i>Bergamot, Cedarwood, Clary Sage, Geranium, Grapefruit, Lime, more.</i>                     |  <b>Aroma*Calm</b> -- body fatigue, stress and tension.<br><i>Chamomile, Eucalyptus, Lavender, Lemongrass, Marjoram, Vervain...</i>                        |  <b>Aroma*Clarity</b> -- mental clarity, focus, concentration.<br><i>Basil, Clary Sage, Lemon, and Rosemary.</i>                                 |
|  <b>Aroma*Detox</b> -- detoxification of body and energy fields.<br><i>Cedarwood, Cypress, Geranium, Grapefruit, Juniper, Lemongrass...</i>               |  <b>Aroma*Digestive</b> --digestive relief.<br><i>Anise, Blood Orange, Cardamom, Carrot Seed, Sage, Fennel, Ginger...</i>                                  |  <b>Aroma*Energy</b> -- increased stamina of body/mind/spirit.<br><i>Black Spruce, Cedarwood Atlas, Fir, Lime, Peppermint, Spearmint.</i>        |
|  <b>Aroma*Feminine</b> -- supporting the cycles of the female body.<br><i>Bergamot, Mugwort, Sage, Fennel, Geranium, Chamomile, Lavender...</i>          |  <b>Aroma*Fitness</b> -- strength, toning, increased flexibility.<br><i>Spruce, Fir, Eucalyptus, Grapefruit, Juniper, Patchouli, Peppermint...</i>        |  <b>Aroma*Grief</b> -- change, loss, support.<br><i>Bergamot, Chamomile, Cistus, Frankincense, Geranium, Lavender...</i>                        |
|  <b>Aroma*Headache</b> -- migraine, tension, stress relief.<br><i>Lavender, Peppermint, Roman Chamomile, Spearmint, Valerian.</i>                       |  <b>Aroma*Heal</b> -- day-to-day mishaps and skin repair.<br><i>Chamomile, Cistus, Frankincense, Helichrysum, Lavender, Myrrh.</i>                       |  <b>Aroma*Immune</b> -- immune system support, prevention.<br><i>Cajeput, Eucalyptus Staigeriana, Litsea, Niaouli, Ravensara.</i>              |
|  <b>Aroma*Joints</b> -- joint health and support.<br><i>Birch, Juniper, Peppermint, Spearmint, Sweet Marjoram, Tarragon...</i>                          |  <b>Aroma*Oral Health</b> -- teeth, gums, tongue, throat, etc.<br><i>Cinnamon, Clove, Ginger, Myrrh, Peppermint, Spearmint, Tea Tree.</i>                |  <b>Aroma*Pain</b> -- freeing of physical/emotional/spiritual pain.<br><i>Birch, Cedarwood, Sage, Ginger, Grapefruit, Juniper, Lavender...</i> |
|  <b>Aroma*Purify</b> -- cleanse/clear your physical/energetic fields.<br><i>Cedarwood, Eucalyptus, Lavender, Lemon, Lemon Tea Tree, Manuka.</i>         |  <b>Aroma*Respiratory</b> -- breathe your way back to free.<br><i>Bergamot, Spruce, Cajeput, Cypress, Eucalyptus, Frankincense, Oregano...</i>           |  <b>Aroma*Romance</b> -- self-nurturing and intimacy.<br><i>Jasmine, Patchouli, Rosewood, Sweet Orange, Vetiver, Ylang Ylang, Yuzu.</i>        |
|  <b>Aroma*Sacred</b> -- meditation, rites of passage, ceremony.<br><i>Mugwort, Cedarwood, Cinnamon, Cistus, Myrrh, Opoponox, Palo Santo...</i>          |  <b>Aroma*Sinus</b> -- un-stuff-it. <i>JBlue</i><br><i>Chamomile, Cypress, Eucalyptus Smithii, Fir Douglas, Helichrysum, Lavender, Peppermint, more.</i> |  <b>Aroma*Sleep</b> --balanced sleep, jet lag, exhaustion.<br><i>Cedarwood, Spikenard, Lavender, Chamomile, Rosewood, Marjoram...</i>          |
|  <b>Aroma*Vital Energy</b> -- optimal health support, emergency blend.<br><i>Cinnamon, Clove, Eucalyptus, Frankincense, Lemon, Oregano, Rosemary...</i> |    | <b>Aroma*Essentials Intro Course Workbook</b> -- a comprehensive guidebook on an Aromatic Lifestyle, via the A*E Synergies.   |

FOR MORE INFORMATION ABOUT THE AROMA\*ESSENTIALS PRODUCTS AND TRAININGS PLEASE CONTACT:  
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