

The Aroma*Woman Line

A subset of the Aroma*Essentials Aromatic Lifestyle Program-- the Aroma*Woman Collection of Synergies have been designed specifically to help ease, comfort and support the different stages of the feminine cycle and her rites of passage. To Free the Womb and allow it to be in harmony, balance and flow as it goes through it's monthly, seasonal, and life cycles.

More than a collection of synergies—the intention behind the Aroma*Woman blends has been to create a platform to support women in gathering and sharing their stories, rituals, and their rites of passage with one another through Free the Womb classes, the Aroma*Woman Retreat and other workshops and gatherings that we have developed for the gathering of Goddesses everywhere.

We believe that the power of woman lies within her unique and beautiful ability to honor the cycles of her body and to empower them by allowing the gifts of nature to pamper, nurture and guide her along the way.



Aroma*Cramps-- pain relief.

Clary Sage, Ginger, Grapefruit, Fennel, Peppermint Rosemary, Vitex, Wintergreen, Ylang Ylang and





Aroma*Edema-- water retention, varicoise veins, menstrual bloat.

African Blue Grass, Basil Lemon, Carrot Seed, Cedarwood, Clary Sage, Geranium, Grapefruit Pink...



Aroma*Flash-- hot flashes, night sweats, mood swings.

Geranium, Lime, Patchouli, Spearmint and more.



Aroma*Power-- protection/empowerment. Clary Sage, Clove, Lavender, Peppermint, Vetiver and more.



Aroma*Woman-- Triple Goddess Blend, Ceremonial Essence.

Angelica Root, Blood Orange, Cardamon, Sweet Marjoram, Vetiver, Ylang Ylang and more.



Aroma*Depression-- mood swings, PMS blues, hormonal balancing.

Bergamot, Neroli, Nutmeg, Opponax, Patchouli, Sweet Orange, Ylang Ylang and more.



Aroma*Femapause-- for all of the different stages of the feminine cycle.

Bergamot, Blue Mugwort, Clary Sage, Fennel Seed, Geranium, German Chamomile, Lavender, and more.



Aroma*Girls-- breast soreness.

Bergamot, Melissa, Rose Bulgarian,

Sandalwood and more.



Aroma*VJJ-- vaginal health

Chamomile, Frankincense, Lavender, Lemon Tea Tree, Sandalwood, Yarrow and more.



Aroma*Woman Intro Course Workbook-- a comprehensive guidebook to an Aromatic Lifestyle, via the A*W Synergies.