



# JOAN CLARK'S 10<sup>TH</sup> ANNUAL MOON GODDESS RETREAT

September 21 - October 4, 2013

## BALI, INDONESIA

This trip to Bali will be about exploring and seeing the Goddess in all things.  
“I see the Goddess that I AM by seeing the Goddess in all things.”

**Come explore Bali where we will  
SEE, FEEL and BECOME the HEART of the GODDESS!**

### ACTIVITIES

Yoga each morning, four massages, Rain Forest Guided Walk, Elephant Ride, One Day Principles of Ayurvedic Massage, Local Herb Wild-Crafting, Buddhist Temple Chant, Temple Visit, Fire Dance and Special Balinese Dance, Aromatic lessons.

### INCLUSIONS

All-inclusive price covers: accommodations; meals (breakfast, lunch and dinner as well as water, tea, coffee and soft drinks); transportation (to and from locations within Bali, and airport arrival and exit fees); and all aromatic products and materials used throughout retreat. Excluded: Airfare to Bali; mandatory trip insurance; tips, gratuities, alcohol. See page three for details.

### PRICE PER PERSON

Single Occupancy Only\* \$3,850. Early Bird discount available. An immediate non-refundable deposit of \$500 is required to secure your place. Cash, Check, PayPal, Visa and Mastercard accepted. Please make checks payable to Joan Clark.



\*Please note that in some locations you may be required to share as the size of the facility may prohibit single occupancy due to the size of the group, this is reflected in the price of single occupancy.



### RESERVE YOUR SPOT TODAY!

Retreat space is limited.

#### Joan Clark's 10th Annual Moon Goddess Retreat

1661 E. 400 Road  
Lawrence, Kansas 66049  
(785) 550-9563  
Joan@JoanClark.com

[www.JoanClark.com](http://www.JoanClark.com)



# Delight the senses. Satisfy the soul.

## A DEEPER GODDESS EXPERIENCE.

This year the Goddess has called us to Bali — an exquisite land of beauty, aromatic rituals, ancient ceremonies and sacred temples. The Goddess is waiting to Welcome You.

Be, Receive, Become the more fully awakened Goddess that you are as you spend 14 glorious days in Bali, immersed in a retreat designed to pamper, nurture and inspire your own Goddess essence.

Ride an Elephant, meditate with dolphins, swim under a waterfall, be part of a sacred fire dance ritual and chant with the holy elders in ancient temples. Allow yourself to share your own Goddess gifts, talents and abilities with each other, as we travel across Bali creating our own aromatic rituals.

Our journey in Bali has been consciously and lovingly designed with the help of Anthony and Mary McGrath. With over 15 years of Bali experience, they will joyfully share their love and knowledge of the land, people and customs, taking us to many of their most beloved sacred places. They will also provide ongoing support.

**It is going to be an adventure with memories that will last a lifetime.**



### SEPTEMBER 21: KUMALA PANTAI HOTEL, LEGIAN

[WWW.KUMALAPANTAI.COM](http://WWW.KUMALAPANTAI.COM)

You will be met at the airport and transferred to the Kumala Pantai Hotel in Legian. Nestled right on the beach, our first sanctuary shall allow life's pressures to quickly melt away, by way of the sound of the warm waters of the Indian Ocean rolling up to greet you. The Kumala is filled with amazing artwork; is scented by jasmine and wild flowers; and offers the very best of amenities to rest, relax and restore the weary traveller. Here you will meet your fellow travelers, have a welcoming massage and receive an orientation on Bali and how to change money, barter for goods and honor and respect the local customs and traditions. After morning yoga on the beach and a hearty breakfast, we will travel to Ubud, seeing the local sites along the way.



### SEPTEMBER 22-25: UBUD BUNGALOWS, UBUD

[WWW.UBUDBUNGALOW.COM](http://WWW.UBUDBUNGALOW.COM)

Arriving in Ubud, we will use this charming hotel as our base for a series of experiences which will include visits to the island's oldest temple; walks in the monkey forest; shopping in the local market, art galleries and sampling the local "spa"; as well traveling to visit Silver and Wood Carving factories. We will attend the traditional fire-dance—a very special ceremony created in our honor.



### SEPTEMBER 26-29: BLOO LAGOON, PADANG BAI

[WWW.BLOOLAGOON.COM](http://WWW.BLOOLAGOON.COM)

With its beautiful setting, small, unspoiled village feel, Padang Bai must qualify as one of the most attractive port towns in the world. At the northern end of the town sits the eleventh century Pura Silayukti Temple and just beyond it lies the Blue Lagoon, a small white sand beach great for snorkeling, diving and relaxing. Here we will experience life in Bali as it truly is for the majority of the population. We will bathe in the fresh pure mountain springs, play in waterfalls, learn local crafts, ride elephants and attend local ceremonies. We will learn how to make traditional Balinese offerings to the Gods. We will discover the rain forests of Bali and hopefully catch sight of the local wild life, including monkeys, birds and butterflies.



### SEPTEMBER 30-OCTOBER 3: ZEN RESORT, KUNDALINI

At the crown jewel of Ayurvedic Retreats, we will experience the finest body work offered on the island of Bali. We will learn the principles of Ayurvedic Massage taught in a special one day class just for us. We will chant with the monks in the only Buddhist temple in Bali. Travel to see how herbs are wild-crafted and how local "Jamu" is produced. Meeting the local families that make up the village of Kundalini. We will commune and meditate with dolphins at sun rise on the Java Straights. On the 4th, we will journey back to Legian to spend the night before departing.



# Bali: Island of the Gods

Although there are no artifacts or records dating back to the Stone Age, it is believed that the first settlers in Bali migrated from China around 2,500 B.C.; and by the Bronze era —around 300 B.C. — quite an evolved culture existed here. The complex system of irrigation and rice production — still in use today — was established around this time.

Life in Bali is very communal — with the organization of villages, farming and even the creative arts being decided and shared by the community. The local government is responsible for schools, clinics, hospitals and roads, but all other aspects of life are placed in the hands of two traditional committees, whose roots in Balinese culture stretch back centuries. The first, Subak, concerns itself with the production of rice and organizes the complex irrigation system.

**“It’s not a ludicrous hypothesis, therefore, to say that the Balinese are the global masters of balance, the people for whom the maintenance of perfect equilibrium is an art, a science and a religion.”**

—from *Eat, Pray Love*

Everyone who owns a sawah, or paddy field, must join their local Subak, which then ensures that every member gets a fair distribution of irrigation water.

Festivals are great occasions for appeasing the gods — where women bear huge, beautifully arranged, pyramids of food, fruit and flowers on their heads. There are traditional dances and music, and the gods are invited to come down to join in the festivities.

**We invite you to come and share all that Bali has to offer.**

## SCHEDULE AND FEES AT A GLANCE

HOTELS	DATES	NIGHTS
KUMALA PANTAI, LEGIAN	Sept. 21	One
UBUD BUNGALOWS, UBUD	Sept. 22-25	Four
BLOO LAGOON, PADANG BAI	Sept. 26-29	Four
ZEN RESORT AND SPA, KUNDALINI	Sept. 30-Oct. 3	Four
KUMALA PANTAI, LEGIAN	Oct. 4	One

### ACTIVITIES

Yoga each morning, four massages, Rain Forest Guided Walk, Elephant Ride, One Day Principles of Ayurvedic Massage, Local Herb Wild-Crafting, Buddhist Temple Chant, Temple Visit, Fire Dance and Special Balinese Dance, Aromatic lessons.

### INCLUSIONS, EXCLUSIONS AND PAYMENT INFORMATION

All-inclusive price covers: accommodations; meals (breakfast, lunch and dinner as well as water, tea, coffee and soft drinks); transportation (to and from locations within Bali, and airport arrival and exit fees); and all aromatic products and materials used throughout retreat.

Excluded: Airfare to Bali is NOT INCLUDED. Please do not book your flight until you have received a retreat confirmation from Joan Clark. Trip insurance is mandatory - more information at time of reservation. Alcoholic beverages, tips and gratuities not included.

Price Per Person: Single Occupancy Only\* \$3,850

- Early Bird Discount: just \$3,750 for reservations made and paid for in full prior to April 30, 2013.
- An immediate non-refundable deposit of \$500 is required to secure your place.
- 50% of the total cost is required by June 15, 2013.
- Balance to be paid in full by August 15, 2013.

Cash, Check, PayPal, Visa and Mastercard accepted. Please make checks payable to Joan Clark.

*\*Please note that in some locations you may be required to share as the size of the facility may prohibit single occupancy due to the size of the group, this is reflected in the price of single occupancy.*

Participants required to sign release waiver.

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**REGISTRANT** *Please print in ink or type.*

FULL NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_

CELL PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

RELATIONSHIP \_\_\_\_\_

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## PLEASE ENCLOSE PAYMENT WITH REGISTRATION FORM.

*Cash, Check, PayPal, Visa and Master Card accepted.*

- ☐ Credit/DebitCard: Visa/Mastercard # \_\_\_\_\_ Expiration \_\_\_\_/\_\_\_\_ 3 Digit Code \_\_\_\_\_
- ☐ Check enclosed. Please make payable to "Joan Clark."

## TO REGISTER BY MAIL, PLEASE SEND REGISTRATION FORM AND PAYMENT:

Joan Clark's 10th Annual Moon Goddess Retreat  
1661 E. 400 Road  
Lawrence, Kansas 66049

**TO REGISTER BY PHONE**, contact Joan Clark at (785) 550-9563.

**TO REGISTER BY E-MAIL**, send registration form to [Joan@JoanClark.com](mailto:Joan@JoanClark.com).

By signing here, I give permission to Joan Clark to charge my credit/debit card in the amount of:

\$ \_\_\_\_\_ . \_\_\_\_\_

**X** \_\_\_\_\_

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

## WHAT IS A MOON GODDESS RETREAT?

A special gathering of like-minded women and heart-centered women who yearn to come together to share their hopes, dreams, creativity, spirituality, gifts, talents and abilities as well as their visions for themselves, the planet, each other, and the world.

## WHAT DO YOU DO?

We share our women stories, rituals, create art, meditate, sing, dance, work with essential oils, embody sacred teachings, empower one another, and share our connection as the divine feminine presence.

## WHY WOULD I WANT TO COME?

- To experience the power, magic and alchemy of gathering with other like-minded and heart-centered women.
- To explore new and exciting spiritual, mindful and creative experiences.
- To be a voice, an inspiration and to share your passion.
- To be nurtured, supported and part of a safe, supportive sisterhood.

## About Joan Clark

Joan Clark is a Natural Perfumer/  
Aromatherapist, Intuitive Practitioner, Energy  
Artist, Writer and Movement Specialist.



She has founded two original lines of aromatic products and has been teaching aromatherapy and natural perfumery for over 25 years.

Joan is the founder of the Women of Essence Circle, which has been in existence for over 22 years and Powerful Passionate Women for Peace. She is the creator of "Present Moment Yoga" which combines kundalini yoga with chakra oils and crystal therapy.

Joan has been guiding sacred travel for over 20 years, which truly is one of her greatest passions.

**Find out more at [www.JoanClark.com](http://www.JoanClark.com)**