

LunaBella Finger Labyrinth



For those who can't make it out to visit *LunaBella Labyrinth* in Lawrence, KS, this finger labyrinth may serve in the same capacity wherever you are. To "walk" the labyrinth is a metaphor in the physical, of taking an act of power: **1.** Stating your intention to, or making your request of, the Universe as you spiral inward (tracing with your finger). What do you wish to let go of, receive, pray for, become more of, etc.? **2.** Listening for, and receiving your wisdom, information, illumination, answer or blessing from within the center. Stay here as long as you wish. **3.** Acknowledging that all is now unfolding in divine timing, and offering up heartfelt gratitude as you wind your way back out into the "real world". In other words-- here you may take time to find "that still small voice within". Contemplation is a vital part of every tradition on the planet, and we honor the wisdom of all traditions. It is the right of all to access one's inner wisdom/higher power and gain clarity.

For more on *LunaBella Labyrinth* please visit www.joanclark.com/pages/joanluna.html. Here you may see pictures, download a full-color flyer, get directions, etc. We hope we will get to see you in person. Until then, walk your path in peace. *David Bartholomew and Joan Clark*